LONDON
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Thursday, February 14, 2013
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SHOW YOUR SWEETHEART SOME SOUTHERN HOSPITALITY.

It's the golden age of cocktails, y'all. These indispensable mixing accessories bring out the distinct flavours that give each southern classic its spirit. Learn how to serve your guy or gal a cocktail with just the right amount of southern flair.

1

CITRUS PRESS

Mixing cocktails with fresh fruit just instantly takes you down south, and a citrus press makes it easy to make juice to order. The flavour profile of a cocktail made with fresh juice is completely different. Of course, when it comes to fruit, the fresher the better. Not only does it taste better, it smells better, too.

Screwdriver

2

THE MUDDLER

If an Old–Fashioned is your drink of choice, you'll see the need for a muddler right away: it breaks down the sugars, fruit and the oils in the herb leaves to bring the flavour out. While many people will use a separate glass, try muddling directly in the vessel you're drinking from. The oils will get trapped in the glass, which ultimately sets up our palate.

Rum Old-Fasioned

3

THE JIGGER (AND PONY)

If you want to be a responsible bartender, a jigger will help ensure your drinks don't end up stronger than they need to be. On the one side is a cup that holds exactly 1-1/2 ounces – that's the jigger. The other side holds a half-ounce, which is referred to as the pony. Really, the only mistake you can make with a jigger is not using one.

French Martini

DISCOVER LCBO THE WORLD

For recipes visit lcbo.com

SHOPPERS DRUG MART
SEE WHAT'S NEW... CHECK OUT OUR LATEST OFFER ON PAGE 16

LUSTIN' FOR JUSTIN?

ENTER METRO'S 'I BELIEBE IN LOVE' CONTEST TO WIN A CHANCE TO GET THIS CLOSE TO THE BIEBS PAGES 10 & 11

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This one is from THE HEART

St. Marguerite d'Youville Catholic School student Rachael Wright, 7, middle, is joined by Grade 8 students Brandon Benjaminsen, left, Melanie Godoy, Rachael Soetemans, Tristan Pham, Hannah Galati, Melissa Lang-Nichol, Jenna McLaren, Mary Floyd and Rebecca Teodoro in front of a giant Valentine's Day card. Wright is giving the card, signed by every student in the school, as well as $378 in donations, to the pediatric cardiology department at London Health Sciences Centre on Thursday. Wright was born with heart defects and had open-heart surgery when she was two years old. JOHN MATISZ/METRO

Show us the money: Hospitals

Funding flap.
Facilities try to budget without knowing how much to expect from the province

By the numbers

75%

On average, hospitals in Ontario get about 75 per cent of their annual budget from the province.

ANGELA MULLINS
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Imagine setting a household budget without knowing how many zeros you'll see on your paycheque. Now, multiply by millions or billions of dollars.

That's the situation hospitals — and many other institutions that depend on government funding — are facing as they chart financial maps for the coming fiscal year.

Local hospitals have to submit budgets to the South West Local Health Integration (LHIN) by March 1, but it could be months before they'll know how much money they're getting from the province.

So the $6.4-million budget gap that prompted St. Joseph's Health Care London to issue 37 layoff notices this week? It's a carefully planned estimate of what needs to happen for the books to balance — the symptom of a funding cycle that some say could use a fix.

The Ontario Hospital Association has pushed the government for more timely releases of funding details. Multi-year funding announcements, instead of a year-by-year approach, would be "optimal," OHA president and CEO Pat Campbell said.

"It's easier for everybody if the figures or the assumptions are known well in advance," she said. "That being said, we work in the real world where that's not possible."

And that often means last-minute budget adjustments and stopgap measures. St. Joe's, for example, didn't get its official fiscal 2012-13 funding notice from the province until November. The fiscal year started on April 1.

Officials there are basing the financial picture for 2013-14 on stagnant funding. So if there's a dip, more cuts might be needed.

London Health Sciences Centre is also assuming funding won't rise for the new fiscal year. The expected budget shortfall is about $30 million.

Hospitals will get an overall look at their piece of the money pie when the provincial budget is announced, likely sometime late next month. They won't know what that means for their bottom lines until sometime after that.

Long delays in 2012-13 can be attributed largely to an overhaul of the funding framework, said Michael Barrett, CEO of the South West LIHN.

"We're working diligently with (the ministry) to make sure (hospitals are) getting the information as soon as possible," he said.

Tweeters behaving badly

A new blog names those who make sexist comments about female politicians PAGE 6

To read, or not to read

Should readers take in the novel before seeing the movie it's based on? PAGE 14

Sochi shutout?

NHL bosses and players have yet to reach a deal with the International Olympic Committee to participate in the 2014 Games in Sochi PAGE 23

NEWS 1

Getting a fair-er shake

Networking. Job hunters step up for rare chance to do more than express it in writing

ANGELA MULLINS
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In a world of online applications and shooting your resumé into inboxes, it may seem a bit old-fashioned.

But job fairs can be a key — if not critical — part of landing work these days. Fairs can be that proverbial foot-in-the-door, but many job hunters say this personal touch has fallen by the wayside in the digital age.

Marz Taylor, left, a regional recruitment specialist with Revera home health care, talks Wednesday with Darren Smith, 25, of London, about openings for nurses and personal-support workers during a job fair at Western Fair District. ANGELA MULLINS/METRO

Nuts and bolts

- Wednesday's job fair was organized by the London Economic Development Corp. and groups that get funding through Employment Ontario.
- It started a decade ago and has doubled in size.
- Companies represented included Siemens, Home Depot, Investors Group, Sun Life Financial, Starwood Hotels and Resorts, Trudell Medical, StarTech.com, OLG Slots, and Courtney Roofing.

"This is the face time," Karen Kloibhofer, an employment consultant with Fanshawe College's community employment services, said as the first wave of people rushed through the doors of a Wednesday job fair at the Western Fair District. "This is your chance to make that first impression."

For at least some of the more than 3,500 people on hand Wednesday, that first impression paid out in spades. At least 10 people were offered jobs on the spot and several others have second interviews lined up for next week, Kloibhofer said.

About 50 employers who participated plan to hire at least 3,000 people in the next six months, organizers said.

Carlee Coleman, 24, of London was one of the people hoping to cash in.

Lining inboxes with resumés like mad since moving to the city about two months ago, Coleman was hoping that a more personal approach might do the trick.

The fair also helped her cast a wider net.

"There are so many venues here," she said, looking around the room that included representatives of everything from local temp agencies to an Alberta-based construction firm.

Springbank and Commissioners closing temporarily

Springbank Drive will be closed to traffic beginning Feb. 19, just northeast of the intersection at Commissioners Road, so Ayerswood Development Corp. can complete servicing of the new high-rise development at Reservoir Hill.

At the same time, part of Commissioners Road (west of the same intersection where Byron Baseline Road becomes Springbank Drive) will also be closed.

Eastbound traffic from Byron on Commissioners Road will be detoured at North Street to Byron Baseline Road for continuation on Commissioners Road at the lights. Westbound Springbank Road traffic will be detoured at Wonderland Road south to Commissioners Road.

The detours are to allow for new trunk storm and sanitary sewers to be installed.

Complete road closures are necessary due to the depth of the sewer work, the city said. METRO

Duration

- The closure of Springbank Drive is expected to last until the first week of May. The closure of Commissioners Road will take approximately five weeks.
- Access will be available to area residents during this time.

A look at the construction area and detours associated with the Reservoir Hill development. CONTRIBUTED

OPP search for suspects

Break-and-enter at construction site

OPP are looking for suspects after a break-and-enter at a construction site in Thames Centre.

Monday at 6:16 p.m. police responded to a break-and-enter on Plover Mills Road. The suspect(s) entered a building under construction by smashing a glass window. Once inside, they removed a quantity of tools and electronic equipment. METRO

Icy times

Meet Canada's top figure skaters at community skate event Monday

Londoners can meet members of Canada's World Figure Skating Championships team at a community skate Monday.

The free event is scheduled for 10 a.m. to 12:30 p.m. at Victoria Park (Wellington Street and Dufferin Avenue). In case of inclement weather, the skate will be held at the Western Fair Sport Centre (865 Florence St.).

The World Figure Skating Championships are at Budweiser Gardens from March 11 to 17. METRO

King's U College students

Farmers Market hosting fundraiser

King's University College's bachelor of social work students will be at the Western Fair Farmers Market on Saturday as part of their fundraising for the London Homeless Memorial.

Three of the students have organized a day of music, including many local artists who are donating their time. The market is open from 8 a.m. to 3 p.m. METRO

How low can you go?

Choir seeks tenors and basses

London community choir Cantorion is looking for new tenors and basses.

This 50-member mixed choir is inclusive, no auditions are required.

Practice is every Tuesday till the end of May from 7 p.m. to 9 p.m. at St. Paul's Cathedral.

For more information, call Don Barclay at 519-432-0483 or visit cantorionchoir.ca. METRO

Look out for the 'feminist tsunami'

One Billion Rising.
Flash mob meets protest at this anti-violence rally

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About a dozen community groups are joining forces on Thursday for V-Day — a global activist movement to end violence against women and girls. They will participate in the One Billion Rising protest.

One Billion Rising, which goes by the tag "One billion women violated is an atrocity," combines the awareness aspect of a rally with the fun of a flash mob.

"Often when we put together the same events, we see the same people. But not this time," said Louise Pitre, executive director of Sexual Assault Centre London (SACL). "We have a cross-section of the community — different generations, people who don't call themselves feminists, art-based activists."

SACL's co-ordinator of public education, Caiti Barendregt-Brown, calls the One Billion Rising event a "feminist tsunami" since it blends together several traditional organizations — SACL, Women's Community House, London Abused Women's Centre — with others within the city. For instance, ONE Hip Hop Dance Studio is a large stakeholder in the event.

"It's gone viral. It's just incredible. It's a somber message, but it's also a great event," said Shelley Yeo, director of transitional & community programs and services at Women's Community House.

Bust a move

- **Noon.** Dancing rally at Western University (University Community Centre)
- **4 p.m. to 6 p.m.** Dancing rally at Citi Plaza (choreographed dance at 5:30 p.m., near the library)

Organizers of Thursday's One Billion Rising event strike a pose. JOHN MATISZ/METRO

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Gas plants. Not privy to relo plans, Wynne says

Premier Kathleen Wynne says she wasn't involved in the costly decision to relocate a Mississauga gas plant during the 2011 election, even though she was co-chair of the Liberal campaign.

That's what she'll tell a legislative committee looking into the gas plants controversy if she's asked to testify, she said Wednesday.

"I was not part of any meetings on the decision to move the gas plant," she said.

"I was part of the campaign team, but I was not in any of those meetings. And if I am asked to come forward, I will come and answer the questions that I'm asked."

The opposition parties say the governing Liberals cancelled two plants in Mississauga and Oakville — at a cost to taxpayers of at least $230 million — to save Liberals seats in the face of local opposition to the projects.

Two ministers told the committee that the decision on the Mississauga plant was made by the Liberal party.

The NDP and Conservatives are demanding that the Liberals strike the committees looking into the gas plants and the province's troubled Ornge air ambulance service as soon as the legislature gets back to business next week.

Kathleen Wynne
THE CANADIAN PRESS

Wynne didn't make that promise Wednesday, but said she is committed to having "fully functioning committees." She's also asked the auditor general to add the gas plant in Oakville — which was cancelled in 2010 — to his current probe of the Mississauga project.

THE CANADIAN PRESS

Heads up. Dream Lottery targeted in scam

London-area hospital foundations are warning that a phishing scam has been using the Dream Lottery identity.

The scammers have used information such as ticket-purchase locations that are easily found in advertising and on the lottery website, to sound legitimate. In the latest reported case, the perpetrators randomly call people until they find someone who confirms that they did purchase a Dream Lottery ticket at the location cited.

Lottery officials were contacted by a Strathroy resident who received a call like this, informing him that his ticket was a winner. To claim his "prize" of a Mercedes car, the man was told there was an $800 administrative fee and that the money had to be wired to a California address.

The man became suspicious when an additional $2,000 was demanded. By calling the store where he bought the ticket, he learned there were at least two other complaints of callers demanding administration fees.

Are you a legit winner?

Dream Lottery has already contacted all winners. You can also check to see if you are a winner by visiting the lottery website at dreamitwinit.ca.

The Strathroy resident then contacted Dream Lottery, where it was confirmed he was not a winner and that no administration fees are charged for prize claims. There were also no Mercedes cars offered as prizes in the recent lottery.

Dream Lottery proceeds support the London Health Sciences Centre, Children's Hospital at London Health Sciences Centre, and St. Joseph's Health Care London. METRO

London Knights forward Josh Anderson, who has nearly doubled his career-high in points already this season, is in line for more ice time this week. JOHN MATISZ/METRO

Pair of Knights forwards get boost up depth chart

Injury, suspension. Tierney, Anderson best bets to benefit from teammates' misfortunes

JOHN MATISZ
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The London Knights depth chart will see plenty of movement in the immediate future, as two of the squad's top six forwards are unavailable this week — and likely beyond.

Ryan Rupert, a fixture on the crash-and-bang second line, is suspended for a minimum of three games after spearing an opponent. Seth Griffith, the uncontested leader of London's offence, is sidelined for two-to-four weeks with a broken bone in one of his hands.

So, who's due to get more ice time?

The smart money is on Chris Tierney and Josh Anderson, a pair of NHL draft picks who have been playing alongside centres Alex Broadhurst (Tuesday) and Bo Horvat (Wednesday) in practice.

"Griff is obviously a huge part of our team," said Anderson, who sits seventh in team scoring with 19 goals and 20 assists in 54 games. "We're going to miss him for a couple of games, but hopefully he can get back in the lineup soon. Some of us have to step up, including myself."

During London's Memorial Cup run last season, the last line of Tierney, Anderson, and Horvat caused headaches for the opposition. Relentless cyclers of the puck, teams didn't know how to defend the young trio because their combined talent level was perhaps the highest amongst the other teams' fourth lines.

If they can rekindle that effectiveness now, and sprinkle in some better finish around the net, it'll be a smooth ride for London.

"Everyone can play with anyone on this team, and I think I feel comfortable with all the guys," Tierney, 18, said. "But, it's definitely nice to be back with Bo and Andy. We have good chemistry."

Anderson has received plenty of action on the power play as of late, contributing a goal in that role in the club's last two contests. His turnaround back-hander last Friday was one of the prettier snipes by Knights player all season.

Overall, the Burlington native has recorded 10 points in his past eight games, which has helped push him past a mid-season lull in production.

"I guess the guys who work the hardest get the opportunity to play on the power play. You just try to do that for yourself," he said.

New pro GM for Anderson

- The Columbus Blue Jackets announced the hiring of general manager Jarmo Kekalainen on Wednesday. The Finn is the first European to hold a GM position with a NHL team.
- "It's unfortunate that Scott Howson's gone, but (I've heard Kekalainen) is a pretty good guy," said Knights forward Josh Anderson, a 2012 fourth-round pick of the Blue Jackets.

Modest tax hike preferable to cuts, Londoners tell council

Don't let a tax freeze stand in the way of a bright future.

That was a driving message sent Wednesday by several Londoners as they sounded off on the 2013 city budget.

Councillors need to invest in public housing, cycling infrastructure, transit, libraries, neighbourhood centres and downtown. Any cuts to those areas — and many others mentioned along the way — could stunt London's growth and make it less appealing to newcomers, several people said.

"Bike lanes and public transit are not icing on the cake. They are the foundation of great cities," Old South resident Ross Graham said. "Londoners want a council that takes bold steps toward a great, connected city."

Many of the people who spoke — taking the floor during the last public-participation meeting tied to the budget — said they wouldn't mind a modest tax increase if it meant a more prosperous city.

Council started budget talks last month with about $20 million in cuts or new revenue needed to avoid a tax hike.

The final debate was Monday, ending $5.6 million shy of a tax freeze. Service cuts have, for the most part, been avoided.

More changes could be made at a Feb. 28 meeting during which a final budget vote is expected.

ANGELA MULLINS/METRO

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Just too much? New blog exposes troubling tweets

Female premiers face war of words. 'I think this kind of behaviour needs to be shamed,' says owner who hates hateful speech

LUKE SIMCOE
Metro Online

All part of the job? Premiers Kathleen Wynne, left, Alison Redford, Christy Clark and Pauline Marois face snide comments every day. METRO FILES

Ontario Premier Kathleen Wynne is "a lesbian tree hugger."

Quebec Premier Pauline Marois, "a dumb b—."

And depending on who you ask, B.C.'s Christy Clark needs to either button up her shirt or simply take it off.

These are the kinds of tweets, Facebook posts and comments you'll find collected at Madam Premier, a new blog dedicated to exposing the vitriol hurled at Canada's female first ministers.

"Their jobs are hard enough without having to be criticized on the basis of their gender," says the blog's owner, Diamond Isinger.

"If I wasn't already involved, this certainly wouldn't encourage me to enter into public life or electoral politics."

A resident of Vancouver and a self-described "policy wonk," Isinger started the blog Tuesday night. By Wednesday afternoon, nearly 3,000 people had visited.

The blog is part of a new "naming and shaming" tactic, where activists point fingers at those posting hateful speech online.

Last year, a Toronto feminist made headlines for identifying the man behind a violent and misogynistic video game. Shortly after, a Calgary man was fired from his job for mocking Amanda Todd on Facebook.

"Sunlight is the best disinfectant," Isinger said. "I think this kind of behaviour needs to be shamed."

A surprising number of comments — most of which are profane or sexual — appear to be posted under people's real names.

"It signals that we have a culture that's comfortable with this kind of thing. People feel they can say this stuff without repercussion," said Isinger.

York University's Dr. Jennifer Jenson says that by aggregating misogynistic comments, blogs like Madam Premier show that sexism is still a systemic problem.

"It's about compiling it so that it doesn't seem like it's just one guy doing this," she said. "When you see it this way, it's a literal documentation of the different kinds of people who feel compelled to say derogatory things about women in power."

Jenson says online comments made about female politicians often differ from those directed at men.

She says: "We never say 'Did you see the bulge in the Premier's pants?'"

MORE AT METRONEWS.CA

Climate change. Canada must follow Obama's call for action, envoy says

President Barack Obama's State of the Union message to act swiftly on climate change is a challenge to Ottawa as well, says the U.S. ambassador to Canada.

Obama used Tuesday's speech to present Congress with a choice: Either agree to market-based solutions to climate change, or else the president will use his executive powers to achieve the same result.

Ambassador David Jacobson said the message to move more aggressively against climate change was meant as much for Canada as it was for the United States.

"We all need to do as much as we can. And that is true in your country and in mine," Jacobson said.

"Obviously the more that the energy industry — whether it is the oilsands in Canada or the energy industry in the United States, or any place else — the more progress they can make to reduce greenhouse gas emissions, to reduce their consumption of water, to other environmental consequences, the better off we all are."

Both Canada and the U.S. must move fast on climate change, says envoy David Jacobson. RYAN REMIORZ/THE CANADIAN PRESS

It was the signal many environmentalists in Canada have been waiting for.

"I see opportunity," said Megan Leslie, the NDP's outspoken environment critic.

"Canadians have not been well-represented by our government on action on climate change.

"Fortunately for Canadians, though, the Harper Conservatives will have little choice but to follow suit or risk our trading relationship with our biggest partner."

THE CANADIAN PRESS

Dead-ly force! Tories say they'll zap zombies

Will zombies ever take over Parliament Hill?

Never! Foreign Affairs Minister John Baird is on the case.

Baird assured the House of Commons that Canada remains a zombie-free zone.

The odd exchange came Wednesday near the end of the daily question period.

Winnipeg New Democrat Pat Martin raised the matter of a Quebec government disaster-planning exercise that used a mock zombie invasion as its premise.

B-movie templates of an invasion of the "living dead" have also been used for emergency preparedness drills in the United States.

"I don't need to tell you, Mr. Speaker, that zombies don't recognize borders," Martin warned the House, tongue planted firmly in cheek.

Is the foreign minister, asked the NDP MP, working with his American partners "to develop an international zombie strategy so that a zombie invasion does not turn into a zombie apocalypse?" Baird rose to the occasion with an equally glib response, telling the House that he was "dead-icated" to the matter.

"Under the leadership of this prime minister, Canada will never become a safe haven for zombies, ever," said Baird.

But he couldn't resist resurrecting an undead Tory talking point that has lurched through the parliamentary corridors for months: The NDP's fictional carbon tax, which a smiling Baird said would raise the cost of zombie-related emergency provisions — including monster trucks — for all Canadians.

THE CANADIAN PRESS

Foreign Affairs Minister John Baird, pictured in the Commons Wednesday, says Canada will remain a zombie-free zone. ADRIAN WYLD/THE CANADIAN PRESS

Quoted

"I don't need to tell you ... zombies don't recognize borders."

Pat Martin,
New Democrat MP

No severance pay

Military kicks out naval spy Delisle

Jeffrey Delisle, the naval officer who spied for the Russians, was stripped of his commission, his service decorations and kicked out of the military Wednesday.

National Defence said he will forfeit his severance pay. And the federal government will move to recover the salary paid to him since his arrest in January 2012.

Delisle's disclosure of secret information was intolerable and inexcusable, said Defence Minister Peter MacKay.

Delisle was sentenced to 20 years in prison.

THE CANADIAN PRESS

Driver's claim

Officer accused of sex toy threat

A police officer seen on video allegedly threatening to sexually assault a tow-truck driver with two pink sex toys should be fired, the man says.

Jagdis (Mike) Tirbany said he was distressed that criminal charges against the officer had been dropped.

Tirbany, a married father of three, alleged he was threatened with being sodomized.

Tirbany, 46, of Toronto, said the incident occurred inside a Ontario Provincial Police detachment where he had gone last March for fingerprinting in light of an assault charge he was facing.

THE CANADIAN PRESS

Billboard study

Can these words cause a crash?

A University of Alberta researcher wants to put the brakes on billboards with negative words.

Michelle Chan put fellow students into a driving simulator and tested their skills behind the wheel.

The test asked subjects to drive down a computer-generated road as ads appeared with negative, positive and neutral words.

Words such as cancer, war and abuse caused most of the drivers to veer outside their lane. Some drivers crashed into trees, other vehicles and pedestrians.

"Billboards are already distracting enough," said Chan. "But then when you add the negative emotional content, it … can be detrimental to driving."

THE CANADIAN PRESS

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Brazilian patent office

Local company has rights to 'iPhone'

Brazil's patent authority announced Wednesday that the iPhone name in Brazil belongs to a local company called Gradiente SA, not to Apple. The verdict doesn't forbid Apple from using the name in Brazil.

Gradiente had filed its request to use the iPhone brand in 2000.

THE ASSOCIATED PRESS

Market Minute

DOLLAR 99.82¢ (+0.09¢)

TSX 12,775.28 (-13.74)

OIL $97.01 US (-$0.50)

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New Maritime cell company on scene

Eastlink. Halifax co. first to offer 4G LTE network

A Halifax communications company is now competing with some of Canada's wireless giants.

Eastlink, owned by Bragg Communications Inc., is now offering cellphones to Nova Scotia and Prince Edward Island on a no-term contract basis.

Eastlink Wireless president Matthew MacLellan said the new service would include Canada's first and only 4G LTE network.

"You've got competitors of ours based out of Montreal, Toronto and Vancouver," MacLellan told the crowd at the Eastlink store in downtown Halifax on Wednesday. "We think we can do it from Halifax and we think we can do it just as well and better.

"Why should you have to go to your cottage and have to stand up on the roof to try and get cell signal?"

Existing Eastlink customers can opt to bundle a cellphone with their Internet, television or home phone to save between 10 and 20 per cent.

"We really tried to listen to everything that customers said that they liked about cellphones and cellphone companies and the things they didn't like," said MacLellan.

ALY THOMSON/FOR METRO IN HALIFAX

Eastlink's Wireless president Matthew MacLellan shows off his smartphone prior to a launch party on Wednesday. JEFF HARPER/METRO HALIFAX

Card payments. Retailers misled: Watchdog

A federal consumer watchdog says some credit and debit card payment companies are breaking rules they created to protect retailers, which in turn could be costing Canadians more money.

The Financial Consumer Agency of Canada issued a warning to the industry on Wednesday that it will not tolerate payment companies who mislead merchants into paying hidden fees or lock them into confusing contracts.

The concerns stem from a code of conduct introduced by the federal government nearly three years ago designed to encourage further clarity in the contracts signed between retailers and credit and debit card companies.

But the agency said it found some payment companies, who it did not name, have been misrepresenting the terms of contracts with merchants by advertising and promising rates that they were unable to honour.

THE CANADIAN PRESS

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WHITE OAKS mall

A WRITTEN HISTORY OF ST. VALENTINE

HE SAYS...
John Mazerolle
metronews.ca

One little known fact about me (along with every other fact) is that I am a Valentine's Day history buff. This is why so many women I've spent Valentine's Day with have told me, "You're history." Their words, not mine.

It's a fascinating topic.

By looking back at the origins of Valentine's Day we can see how it overcame its humble beginnings as a 14th-century Coca-Cola promotion to become the genuine and understated holiday we know and love today, giving birth to some of the great poetry and art of our time.

The history of Valentine's Day: From mass decapitation to mass duplication:

Ralph Wiggum syndrome

With its perfect pre-Hollywood combo of romance and violence, Valentine's Day became increasingly popular. The biggest breakthrough came in 1584 when journeyman poet William Shakespeare wrote "Bee my Valentine" next to a picture of a bee.

Our story begins in **the 300s**, when mid-February was called **Lupercalia**, which was a celebration of **Juno**, the goddess of Canadian music awards. The festivities were boisterous but primitive, with people forced to express their love through **cards** they had to construct from scratch and **poetry** they had to write for themselves. It's hard to imagine the hardship.

This was before the invention of either **scissors or Shakespeare**, which meant the results were often little more than pieces of wood with **dirty drawings** on them, leading to many extinguished loves and several brutal wars. All was fair in both cases, and nobody ever had to say they were sorry.

The dismal state of **affairs** (most of the cards ended with the clunky "Be My Lupercalia") eventually changed with the birth of three different men named **Valentine**, a glorified soul considered so important to God that He built in **double-redundancy**. The three saints Valentine were very different people, but they all shared one romantic trait: They were all **brutally executed**.

This, of course, dovetails nicely with our perception of **modern love**. Since their beheadings, the most **perfect loves** in fiction have always ended in **death** (Romeo and Juliet, Rose and Jack, Teen Angel and Narrator) leaving many husbands and wives to wish **their romances** could end so perfectly.

A number of legends have grown around the executions of St. Valentine(s), **not all of them true**, but it's clear their deaths gave rise to several famous **romance-related phrases**.

For instance, it's well documented that the **Grand Executioner** began each decapitation with the solemn proclamation: "It's not you, it's me."

Also, each saint's head tended to fall on his **twitching feet**, leading to the well-known phrase, "head over heels." ("To wear your heart on your sleeve" also came about then, but it's best not to get into details.)

With its perfect pre-Hollywood combo of **romance and violence**, Valentine's Day became increasingly popular. The biggest breakthrough came in 1584 when journeyman poet **William Shakespeare** wrote "Bee my Valentine" next to a picture of a bee. This brilliant bit of wordplay took off on Reddit, leading to fame and fortune for Shakespeare, despite claims of copyright infringement by user **Francis_Bacon**.

Combined with the invention of the **Gutenberg Laserjet Printer**, spreading love around the world was soon as simple as plunking down $8.95. By 2012, for the first time ever the **illness that is love** could spread worldwide just as quickly as **love-related illnesses**.

The **poets of the past** would be uncharacteristically speechless if they could see how easy sharing the perfect words has become. Though I think if Shakespeare were here today, he'd probably say, "What a time to **bee** alive. Or if not alive, to buzz off."

I'd **love** to see him top that.

... and they call it guppy love

CLELIA GASPARINI/THE ASSOCIATED PRESS

Advice from a guppy

Choose an ugly wingman to make yourself shine

When it comes to mating, guppies treasure their ugly friends — because they look so good by comparison.

An article published Wednesday by Britain's Royal Society says that male guppies prefer to associate with their drab-coloured counterparts when females are around.

"Males actively choose the social context that maximizes their relative attractiveness," the article said. Or, as lead author Clelia Gasparini put it: "If you are surrounded by ugly friends, you look better."

THE ASSOCIATED PRESS

The dating game

- **Mating rituals.** An aquarium was set up with one female in partition on either end. Guppy bachelorette No. 1 had two attractive, brightly coloured males placed on either side of her. Guppy bachelorette No. 2 was stuck with uglier, drab-coloured fish.
- **The ugly guppy.** When a male guppy was put in the middle of the tank, and given the choice of which female to approach, bachelorette No. 2 was the more popular pick, with male guppies spending about 62 per cent of their time hanging around her side of the aquarium.

Plenty of fish

Ugly guppy plays matchmaker

The researchers also found that the time guppies spent with the guppy that was surrounded by ugly fish correlated with their unattractiveness. The uglier the guppy, the less likely it was that he would hang around the brightly coloured fish placed next to bachelorette No. 1.

Because it could be argued that guppies avoided their brightly coloured pals because attractive fish were more aggressive, or because predators were more likely to spot them, the experiment was repeated. Researchers ran it without any females, and again with the lights in the male enclosures turned down so that the test guppies couldn't see them.

THE ASSOCIATED PRESS

Only human

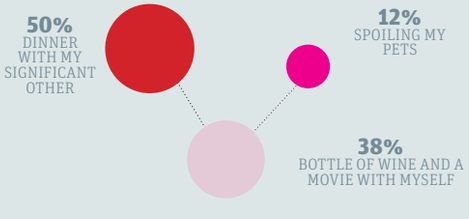
"As a researcher I cannot compare human mating systems with the guppies' one. But if you ask me as a person, sure ... I saw this tactic working pretty well with humans ... If you want to impress someone, do you think you will look more attractive in comparison with Mr. Bean or George Clooney?"

Clelia Gasparini, lead author of article published by Britain's Royal Society

Metropolitan Panel

Register at metropolitanpanel.ca and take the quick poll

How will you be spending Valentine's Day?



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@endwomanabuse:
#ldnont If you would like copies of either our Value Women or Stop the Demand posters, please email info@lawc.on.ca

@MsRubyBlack:
If I knew you were coming I'd have baked a cake! Oh wait! I am baking a cake. (With love) #ValentinesDay #ldnont

@linz_eh:
I wish I weren't such a grumpy cat today because this weather is gorgeeeeeoooouss #ldnont

@ChiragKMehta:
Last day of voting! Make sure you, and everyone you know votes by 8pm! voteusc.ca #WesternU #voteusc

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Illustration: Thomas Phillil

YOU COULD WIN A CONCERT DATE WITH BIEBER!

THIS VALENTINE'S DAY – METRO "BELIEBES" IN LOVE!

Metro is inviting one lucky winner to a VIP experience at a Justin Bieber concert. You could win airfare, hotel and concert tickets for two with backstage passes to meet Bieber himself on one of his European Tour stops. All you have to do is:

1. Take a photo of yourself with this ad in a place you'd take Justin on a date
2. Upload your photos by visiting www.clubmetro.com/Justin
3. Remember to share the love! Collect votes from your friends to increase your chances of landing the grand prize!

brought to you by Hot • Fresh pizza pizza

metro

No purchase necessary. Contest open to residents of Canada and certain other countries worldwide who are thirteen (13) years of age or older. Odds of winning depend on the number and caliber of eligible entries received. One (1) Grand Prize is available to be won, consisting of a trip to see Justin Bieber perform and meet Justin Bieber (approximate retail value of $5,000 CAD). Skill testing question required. Contest closes February 28, 2015 at 12:00AM CST. To enter and for complete contest rules visit www.facebook.com/metroint. Contest sponsors are Metro International S.A. together with its local Metro subsidiaries around the globe. The contest is in no way sponsored by Free Daily News Group Inc. or Pizza Pizza Limited. Neither Free Daily News Group Inc., nor Pizza Pizza Limited is responsible for this contest or its prize(s).

One lucky reader will meet Justin Bieber backstage at a future show through Metro's Valentine's Day contest. CONTRIBUTED

Beliebe in love!

Justin Bieber. Enter our Valentine's Day contest for a chance to meet the superstar

MICHAEL FREIDSON
Metro World News

Metro's Justin Bieber contest gives you the once in a lifetime opportunity to meet him backstage at a future show. Alas, we were not so lucky, but the superstar did answer some questions about his new album, Believe Acoustic, via email, shortly before heading out on his European tour.

On Believe Acoustic, you sound more raw and more available than on previous big-production tracks. How do you make that intimacy sound authentic, even though you're ... Justin Bieber?
It sounds authentic because it is. Acoustic performances, whether busking in my hometown or on YouTube, are how I got started. Songs and performances like that really give me the chance to connect with my fans. That connection is why I perform an acoustic set as part of my Believe Tour every night.

Does this bring us closer to the "real" Justin?
I think everything I put out is a representation of the real me. But this album (Believe Acoustic) definitely allows the public to see a different side of me than Believe. The sound of this album is a lot rawer and more exposed.

I ask because previous stars your age — Timberlake, Britney — usually start to define their sound for an older audience around this time. Where are you going?

Quoted

"I'm just growing up and my sound is maturing with me. I just write about what is going on in my life."
Justin Bieber, on his new album Believe Acoustic

I'm just growing up and my sound is maturing with me. I don't spend a lot of time planning where my music will go next. I just write about what is going on in my life and how I am feeling and it's causing the music to grow with me in a very organic way.

Lots of guys in dorm rooms everywhere play acoustic guitars to pick up girls and fail, because they look cheesy. What tips do you have for them?
Be confident.

What are you doing this Valentine's Day?
I've got a small break before my U.K. tour dates start so I'm still figuring it out.

What's the wildest offer you've had from a fan?
I get a lot of marriage proposals.

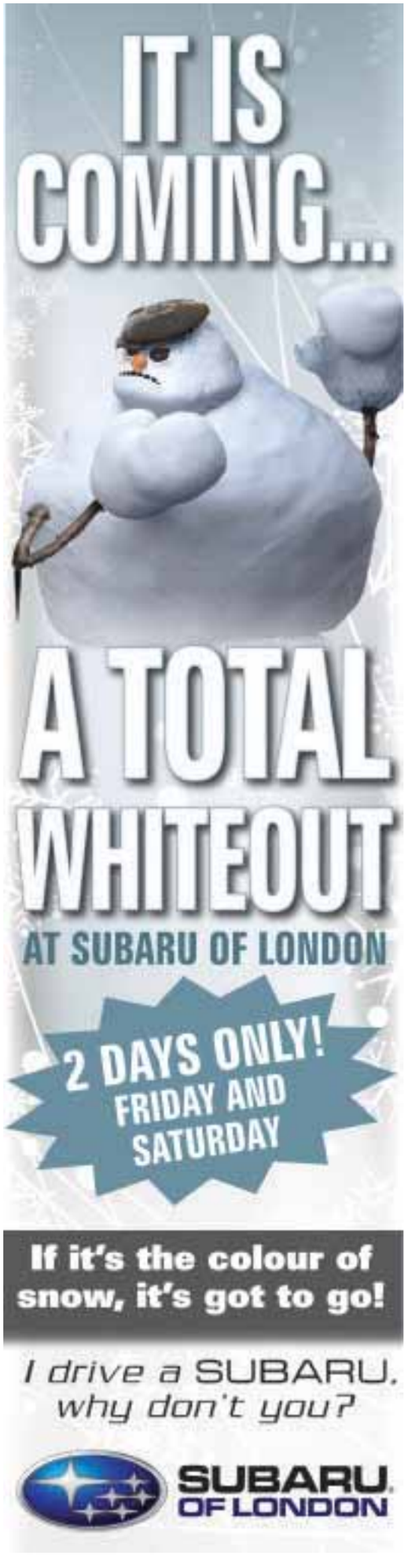
We have to ask about Nothing Like Us, a song about your break up with Selena Gomez — you told Billboard you're not in the happiest place and have friends to get you through. What have you learned about relationships?
I have learned a lot about who I am and who I want to be.

And?
I've also learned how to be there for someone else.

Bieber's V-Day Playlist

Justin creates his ultimate romantic mixed tape — fire up the iTunes and turn down the lights!

- **I'll Make Love To You.** Boyz II Men
- **As Long As You Love Me.** Justin Bieber
- **You Are Not Alone.** Michael Jackson
- **7 Days.** Craig David
- **Back at One.** Brian McKnight
- **Climax.** Usher
- **Because of You.** Ne-Yo
- **Let's Get it On.** Marvin Gaye
- **Best I Ever Had.** Drake
- **Broken Road.** Rascall Flatts


IT IS COMING...
A TOTAL WHITEOUT
AT SUBARU OF LONDON
2 DAYS ONLY!
FRIDAY AND SATURDAY
If it's the colour of snow, it's got to go!
I drive a SUBARU. why don't you?
SUBARU OF LONDON

The East Village Arts Collective, a local community centre at risk of going under, is holding an open house and silent auction to raise awareness and funds this Saturday. MILA PETKOVIC/FOR METRO

S.O.S. — community centre in danger

EVAC. Arts and activist org looks to locals for support through open house and auction

BACKSTAGE PASS
Mila Petkovic
london@metronews.ca

The East Village Arts Collective, a volunteer-run community centre supporting art and social activism in the East Village and greater London area, is a ship in danger of sinking.

"We were really, really close to closing last month," said Melissa Parrott, communications co-ordinator at EVAC. "The thought that EVAC would be gone scared me because it is so vital and there's so much potential here."

Without community support, the centre risks shutting its doors after more than four years of running shows and services. In an effort to raise awareness and funds, members of EVAC are holding an S.O.S. open house and silent auction Saturday.

EVAC is a versatile space, acting as a gallery, concert venue, studio, bike kitchen, vendor's fair and more. The group masterminded events like Ladyfest and the Bicycle Film Festival and Art Show. EVAC is also home to Safe Space and Food Not Bombs.

Safe Space is a drop-in centre offering assistance to sex workers and women in crisis every Monday and Tuesday from 6 p.m. to 11 p.m. Volunteers offer individual support as well as material support in the form of clothes, hygiene products, baby products, food and harm reduction supplies for safe sex and drug use.

On average 15 to 20 women per night use the space.

"EVAC, straight from its roots, has a lot of respect for those who are vulnerable or less stable," said Holly Weaver, one of the founders of Safe Space. "EVAC is a place where people can come and not feel like they will be turned away."

Food Not Bombs, a community meal made with food that would have otherwise gone to waste, is another important program run out of EVAC.

The group picks up donations from local farmers and vendors and cooks and serves the food at EVAC on the third Sunday of every month at 6 p.m.

To stay open, this community centre is looking for support in the form of event attendance, volunteers, members, donations and space rental.

Monthly memberships are $50, or $25 with two hours of volunteer work per week. Members may use the space as a studio, to hold their own workshops, band practices or art shows.

If membership is not in the cards, help steer the EVAC ship to a safe harbour by coming to the S.O.S. Open House this Saturday.

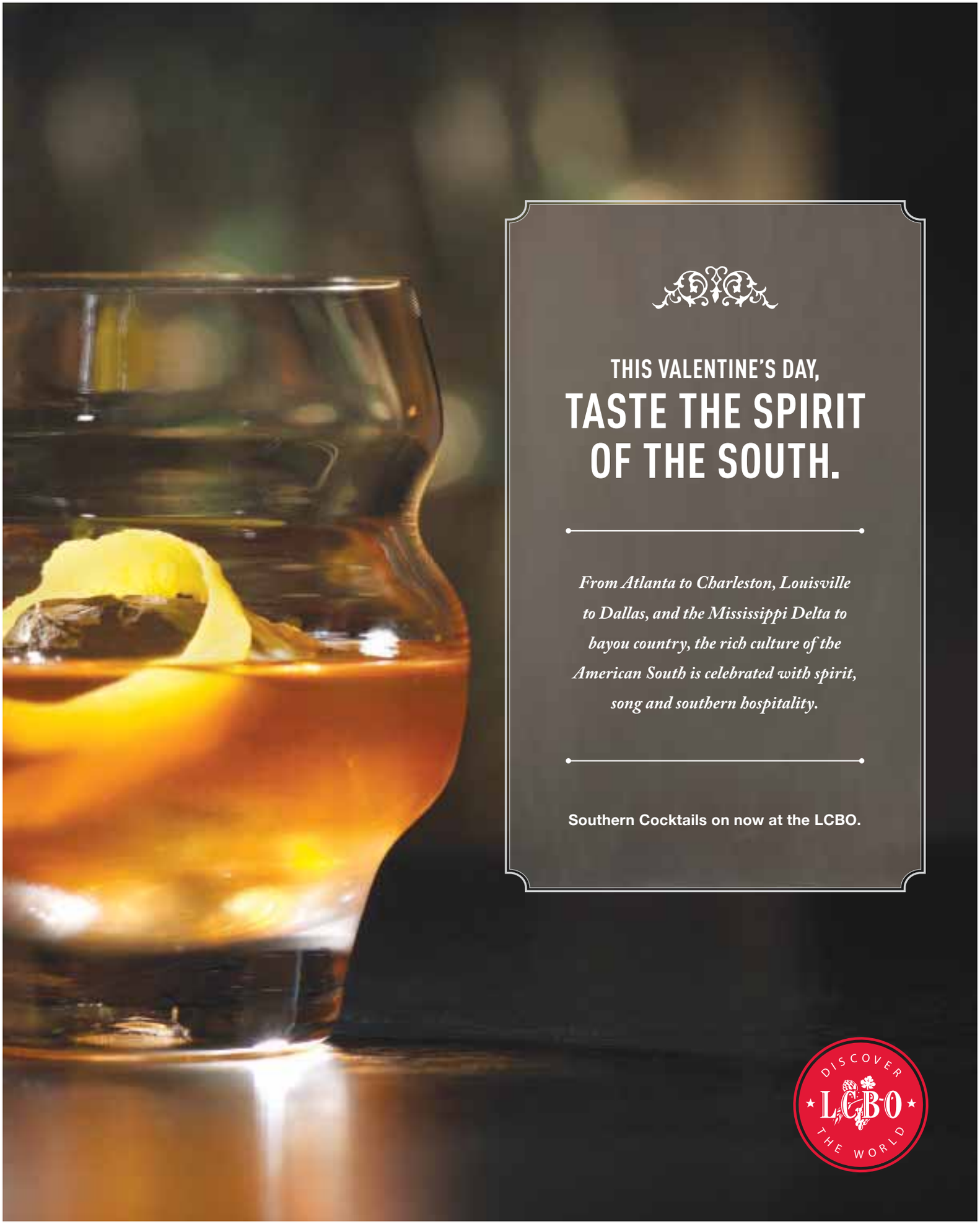
The event, catered by Food Not Bombs, will feature an open mic stage with performances by local musicians like singer/songwriter Jeff Kahl of the Blackwood Honey Bees, and Buttonfly, a rock band with a saxophone.

The silent auction will feature paintings, prints, zines, photography, stain glass, jewelry, Oakley Sunglasses, a $40 TSC gift card, Hungarian cooking classes by Istvan, bike repair vouchers and more.

The pay-what-you-can event takes place on Feb. 16 from 7 to 9 p.m. at EVAC (757 Dundas St.) Contact EVAC at eastvillagearts@gmail.com for more information.

Around town

- **Dance.** Don't miss the Valentine's Day-After Slow Dance at Town and Country Tavern (765 Dundas St.) on Friday. Cover is $2 and the dance starts at 10 p.m.
- **Music.** This Sunday, the Aeolian Hall (795 Dundas St.) features Eastern Canadian musician Ben Caplan, JP Hoe from Winnipeg and local London star Olenka Krakus. The event takes place on Feb. 17 at 7:30 p.m. and tickets are $15.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Southern Cocktails on now at the LCBO.
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THE WORLD

What comes first, the book or the film?

Adaptations. The original piece of work rules when looking for the premiere way of enjoying a story

As Ang Lee's striking film Life of Pi rides a wave of awards season glory, with 11 Oscar nominations and many other honours, the boy-tiger shipwreck story it's based on is also enjoying a boost.

Saskatoon-based author Yann Martel's Man Booker Prize-winning 2001 novel Life of Pi has been in the Top 20 on the New York Times Best Sellers list (and in the Top 10 several times) every week since the film came out in November.

The question is, are readers taking in the book before seeing the film, or vice versa?

If Martel had his way, it would be the former.

When it comes to book/film adaptations, "One should start with the original work," Martel wrote in a recent email to The Canadian Press, via his publicist.

"So read the novel if it came first (so read Life of Pi the book before seeing the movie) or see the movie first if it was done first (so 2001: A Space Odyssey, which was a movie and then became a book).

"That way you get the originating artist's work in its first format rather than an adaptation."

If Yann Martel had his way, people would be reading Life of Pi before they saw the film. HANDOUT

CBC Radio Writers & Company host Eleanor Wachtel agrees, noting "movies colonize your imagination."

"If you see the movie first and then read the novel, it's virtually impossible to block out the actors who play the characters that you're now reading about," says Wachtel, who also hosts TIFF Bell Lightbox's Books on Film subscription series.

"So if you want to have that primary, intimate experience with a novel, it's much, much better I think to read a book first and then see the film."

In some cases, movie-goers might even have a better understanding or appreciation of a film if they've read the book first, she adds.

"Something like Cloud Atlas, which is quite a stupendous adaptation, I think it's much better to read the novel first," says Wachtel.

"The movie jump-cuts a lot ... but the novel is like six nesting bowls cut in half, each written in a different style, and if you don't read the novel first you won't really be able to appreciate that."

THE CANADIAN PRESS

Look in a book...

With literary awards, social media platforms, book blogs and websites like Goodreads.com creating much buzz around books these days, it's hard to put off reading a story before its film release, notes Viveca Gretton of the Toronto Public Library. "People want to be part of that reading community," says the librarian. "One of the good things about reading the book is that it's going to take you to other books as well. It might start you on a path of reading similar books or books that interest you."

Romance

Safe Haven

Director. Lasse Hallstrom

Stars. Josh Duhamel, Julianne Hough

Josh Duhamel and Julianne Hough are blandly likeable enough but this seventh big-screen adaptation of a Nicholas-Sparks-authored heart flutterer won't find a safe haven from discerning audiences. Simply put, this tale is about a woman seeking sanctuary in a sleepy town who falls for a widower while her psychotic hubby hunts her down. Veteran filmmaker Lasse Hallstrom (Dear John) does his best to mould the melodrama but Safe Haven is still mostly stale and unmistakably safe storytelling.

STEVE GOW

Romance/Drama

Beautiful Creatures

Director. Richard LaGravenese

Stars. Alice Englert, Alden Ehrenreich

Based on a series of young adult novels, Beautiful Creatures is likely aimed at the same cinematic spendthrift crowd that turned the Twilight franchise into box-office alchemy. Adapting the love story between a longing, teenaged bookworm and his supernatural girlfriend with a curse, Oscar-nominated-filmmaker Richard LaGravenese (The Fisher King) clutters an ultimately simplistic story with complications that are neither all that compulsory nor compelling. It ends up anything but super or natural. STEVE GOW

Action

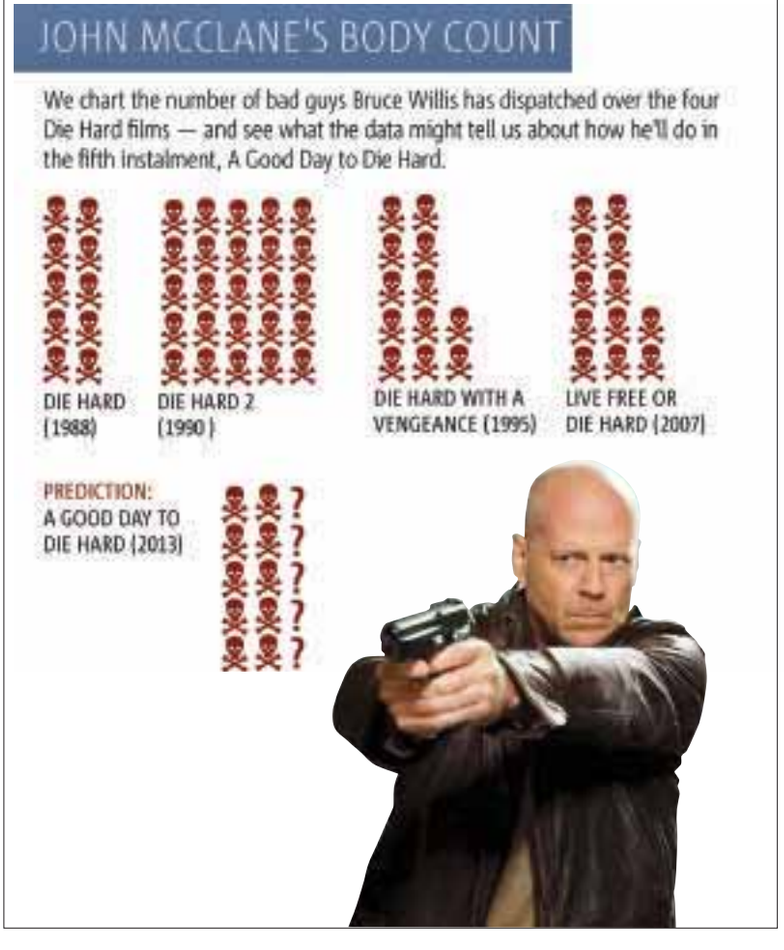
A Good Day To Die Hard

Director. John Moore

Stars. Bruce Willis, Jai Courtney, Sebastian Koch

The original Die Hard is an '80s classic. A near perfect mix of action, humour and Bruce Willis' charisma, it was a claustrophobic thriller set inside an office building. Since then the movies have slowly opened up the action, becoming more generic with every added location. The new film sees Willis in Russia joining forces with his CIA operative son (Jai Courtney). It has exotic locations and a body count that would take a mathematician to calculate, but none of the wit or style of the first film.

RICHARD CROUSE


JOHN MCCLANE'S BODY COUNT
We chart the number of bad guys Bruce Willis has dispatched over the four Die Hard films — and see what the data might tell us about how he'll do in the fifth instalment, A Good Day to Die Hard.
DIE HARD (1988)
DIE HARD 2 (1990)
DIE HARD WITH A VENGEANCE (1995)
LIVE FREE OR DIE HARD (2007)
PREDICTION: A GOOD DAY TO DIE HARD (2013)
?????

SAZERAC

The Official Cocktail of New Orleans

1 sugar cube
5 dashes Peychaud's bitters
2 oz bourbon or whisky
¼ oz Lucid Absinthe Supérieure
Lemon twist for garnish

Add ice to a rocks glass and let chill. In another rocks glass add 1 sugar cube and soak with Peychaud's bitters. Muddle sugar cube until granules dissolve with bitters, add bourbon, add ice and stir. Discard the ice in the other rocks glass and add Absinthe. Swirl Absinthe around the inside of the glass then discard. Strain in the bourbon-bitters mixture and serve neat. Garnish with a lemon twist.

GEORGIA MINT JULEP

It's Divine, I Do Declare!

12-15 fresh mint leaves
½ oz peach schnapps, divided
1½ oz Devil's Cut Bourbon
Mint sprig for garnish

Place the mint and ¼ ounce of the peach schnapps in a Julep cup or Old-Fashioned glass and muddle gently, working the leaves up the side of the glass. Fill the glass with ice, then add bourbon and drizzle remaining peach schnapps on top. Garnish with a mint sprig.

Southern Cocktails on now at the LCBO.

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METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

Bruce Willis ALL PHOTOS GETTY IMAGES

Willis only hits the bottle a bit now

Bruce Willis admits he used to have a drinking problem, leading to a brief foray into complete sobriety, but he's past all that now. "I had been sober (for a while)," he tells GQ magazine, explaining that he eased off his personal prohibition "once I realized that I wasn't going to run myself off the pier of life with alcohol, drinking vodka out of the bottle every day." As for his current drinking habits? "I have wine now, mostly when I eat," he says. Of course, Willis is still facing the unstoppable march of time. "Nobody wants to hear this bad news, but we're all dying on some level," he says. "I'm going to try to keep this machine moving forward as much as possible and not have to think about the eventuality of becoming more frail and less able to do the work. I know that I'm not going into politics. That's not an option."

Swift response to exes, Underwood

Taylor Swift

Taylor Swift had more exes on her mind at the Grammys than just Harry Styles, whom she mocked during her performance of We are Never Ever Getting Back Together. The lovelorn singer also made a point of avoiding ex-boyfriend John Mayer and his current squeeze, Katy Perry, despite being seated near each other, according to Us Weekly. And as for reports that Grammy organizers were ordered to keep Swift away from rival Carrie Underwood? "Taylor feels Carrie is always rude to her, so she steers clear of her," a source tells the magazine, pointing out that "after Carrie performed, Taylor didn't stand. Everyone else did."

The Word

Hugh Jackman: Nope, not gay

THE WORD
Dorothy Robinson
scene@metronews.ca

Just because he has a deep love of musical theatre, lives in the West Village and has an older wife does not make Hugh Jackman gay. In an in-depth interview with The Hollywood Reporter, the Australian star addresses the gay rumours that constantly swirl around him.

"Just recently, it bugs her," Jackman, 44, said about what his wife of 16 years, Deborra-Lee Furness, 57, reads online."She goes: 'It's big. It's everywhere!'"

His X-Men producer Lauren Shuler Donner even went on record with the magazine to talk about their marriage. "I have seen him with Deborra since the beginning of their trip to Hollywood, and I've been on five movie sets with him and have never seen him stray, have never seen him eye anyone," she said. "I met him when he did Oklahoma! (at London's Royal National Theatre in 1999). He was genuine, hugely talented. He was in love with his wife that day and still is."

Doth thou protest too much? Who gets their producer on record to talk about the state of their marriage?

See? I'm doing it too! Why can't we believe that a drop-dead handsome, successful matinee idol can be happily in love with someone not on his level, looks-wise? Also, aren't we at the place in society that he could come out if he wanted to? Or am I just dreaming big here?

Lady Gaga

Gaga's pain puts concerts on hold

Lady Gaga has postponed her next four concerts because a joint inflammation condition called synovitis has left her unable to walk, she revealed on Twitter. "I've been hiding a show injury and chronic pain for sometime now. Over the past month it has worsened," the singer tweeted. "I've been praying it would heal. I hid it from my staff, I didn't want to disappoint my amazing fans. However, after last night's performance I could not walk and still can't." Makeup dates for the cancelled shows — in Chicago, Detroit and Hamilton, Ont. — have yet to be announced.

Twitter

@EmmaBunton
I've been hacked!!!!

@carrieunderwood
Why do dogs' paws smell like Fritos? More importantly, why do I love to smell my dogs' paws? These are a couple of life's big questions...

@JimCarrey
America has become the biggest gun club in the world and every single day now we are seeing that Karma played out.

@OfficialAdele
Chris Brown and I were complimenting each other in that photo actually!

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¼ oz grenadine
½ oz freshly squeezed lemon juice
Soda water
Lemon wheel for garnish

Add schnapps, grenadine and lemon juice to a collins or high-ball glass filled with ice and stir. Top with soda and stir again to mix. Garnish with a lemon wheel.

GEORGIA PEACH

Fall in Love With a Southern Belle

1½ oz Absolut Vodka
½ oz peach schnapps
Splash of freshly squeezed orange juice
Orange peel for garnish

Pour all ingredients into a shaker filled with ice and shake until very cold. Strain into a cocktail glass, and garnish with an orange peel.

Southern Cocktails on now at the LCBO.

DISCOVER LCBO THE WORLD

London calling: Theophilus and the finer things

Trinidadian-born American rapper Theophilus London now calls Brooklyn his home. HANDOUT

The song and pants.
Young artist helping to usher in an era where hip hop and High Street go hand in hand

RICHARD PECKETT
life@metronews.ca

"Kids used to want to be rappers, but now they want to be fashion designers, which is cool. It's an education," says Theophilus London. The New-York-based rapper is talking about his legions of fans and network of starry friends, which he refers to as "kids." But in terms of the music industry, London, at 25, is still a youth himself — though a savvy one.

In fact, he's probably had more magazine and newspaper profiles (GQ, Esquire, Elle, The New York Times) and fashion collaborations (Cole Haan, Stüssy and Surface to Air) than he's had musical airtime.

And he can name drop with the best of them. Solange Knowles is "like family, like a sister." He casually mentions seeing mood boards out at Kanye West's house. Those are some impressive connections considering that London, who was actually born in Trinidad, has only released one album, an EP and a selection of mix tapes.

Usually the lucrative endorsement spoils are rewarded after years of toil, making records or movies. However, London has managed to capitalize off of his personal style and cool credibility first.

"Rappers used to be wearing Air Jordans. I still wear them. But now, the progressive kids are more educated and wanting Givenchy, Rick Owens or Alexander Wang. And Kanye's clothes — they're dope," he says.

While London is answering my interview questions from the set of a Chevrolet commercial, he swears he approaches it all with a strategy and awareness that extends beyond the next commercial paycheque. "I'd never do anything with McDonald's, for example. They're not moral," he says. "I have my own agenda." For now, that includes a new album coming out this summer and planned collaborations with Azealia Banks and Frank Ocean. "I never do things just for the money. I have to believe in it."

Hipster hop

"Rappers used to be wearing Air Jordans. I still wear them. But now, the progressive kids are more educated and wanting Givenchy, Rick Owens or Alexander Wang."

Theophilus London

Independently inspired

A studied approach to style

"The black suit and hat that I'm wearing on the cover of my first album, Timez Are Weird These Days, was inspired by Leon Ware (the writer behind Marvin Gaye's I Want You record). I got a lot of work off of the back of that. I know how to dress. I have a look and I don't need a stylist to tell me what to wear," London said.

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The Kit

Canadian street style

Spotted in: Ottawa

Nicole, student

Age: 25

What she's wearing
Vintage hat, sunglasses from a market in South Korea, Costa Blanca jacket, vintage fur muff (worn as shawl), Coach bag, Guess jeans, The Bay boots.

Her inspiration
"I am inspired by creative individuals I see in everyday life. I love how different people can put together unique looks. I really love people-watching and get a lot of my style inspiration from that."

THE KIT PHOTOBLOGGER: KATARINA KURUC, LOVEK.ORG
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Even you can have a stylish kitchen

DESIGN CENTRE
Karl Lohnes
home@metronews.ca

Trendy. Useful stylist tricks to make your kitchen look fabulous

With so many kitchens being designed smaller in size and open concept to fit our living spaces, it's important that they function well but look good at all times.

From someone who staged, propped and styled rooms for magazines and television shows for many years, here's a few stylist tricks to make your kitchen — no matter how large, small, high-end or low-end — look great at all times.

Repackage

Put packaged necessities in attractive display containers. Your favourite pasta, granola and espresso beans can be stored in decorative containers and displayed on the counter or behind glass doors.

Hint:
When displaying storage containers like baskets, jars or boxes, rely on the repeat method to help simplify the overall look. Using three to five of the same containers will allow a kitchen to look less eclectic.

Small scale

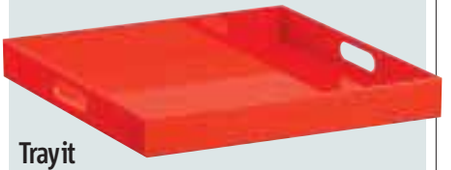
Look for space-saving countertop appliances in a small kitchen. Small and efficient appliances will save space and still offer up all the conveniences of a large kitchen.

Stand tall

Stand up trays, cutting boards and platters to hide unattractive backsplash. Choose fun shapes and trend-setting colours to help bring a boring kitchen to life. They even work standing up in the back of an open shelf or inside a glass-fronted cabinet. Got a really ugly backsplash? Try leaning a long dressing mirror horizontally across the back of the counter.

No faux pas

Mix artificial plants with real herbs/flowers. Every kitchen, no matter what size, needs a lush look. Adding real herbs and small plants with faux will extend the lush look long after the herbs have been used up and the next shopping day is near.



Tray it

Keep everyday items clustered on a tray. A tray filled with your morning French press, artificial sweeteners, bean grinder and your favourite mug will not only keep the counter looking tidy but keep you organized in the morning. Another tray with olive oils, dried herbs, vinegars, salt and pepper keeps the stove side organized for action.

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Know your handyman dos and don'ts

DIY. Feel like you can tackle any project? Some may be out of your league, says Bryan Baeumler

In the new season of Canada's Handyman Challenge on HGTV Canada, hopeful amateur handymen from across Canada compete in challenges ranging from hanging wallpaper to wiring a three-way switch to building an entire deck.

One of the judges of the series, Bryan Baeumler, is here to give you insight into which projects you should learn to tackle at home — and when to call in the experts.

Tune in

Watch Bryan in Canada's Handyman Challenge airing Tuesdays at 10 p.m. on HGTV Canada.

Handyman Dos

Tiling and flooring
Tiling a floor at home is straightforward and simple to execute. It does take some precision and patience when laying out the tiles and measuring appropriately, however the physical work of tiling and grouting is something that people can definitely do at home.

Painting
Updating your home with a new paint colour is an easy and cost efficient way to update a space. Getting familiar with this skill will become very useful in any home — as will mastering the precise trim work painting.

Decorative finishes
Anything decorative is a great project for an at-home handyman, whether it's the jobs above or more detailed work such as wallpaper.

Handyman Don'ts

Electrical
It's every professional's worst nightmare to be hired for a renovation and find that previous homeowners have tried their hand at re-wiring. This is where you absolutely should hire a professional — those without the skills and knowledge required run the risk of damaging their home.

Structural
When the renovation you're considering is large enough to warrant taking down a wall or moving the basic structure of your home, it's time to call a professional.

Plumbing
Similar to electrical, a professional plumber will have the skills and knowledge to work on your home, things that Google just can't teach an average homeowner.

'Homes should tell the story of who we are'

Design book. Interior designer Nate Berkus talks about how to love where you live

He has a well-attuned eye for sprucing up spaces, but Nate Berkus isn't a stickler for rules when it comes to design — and he doesn't want homeowners to feel beholden to them, either.

"I feel there's so much information about design out there that it's rendered people really confused," Berkus said during a recent visit to Toronto in support of his home accessories line for Target.

The affable American interior designer has been a familiar presence on the small screen, dispensing design tips and conducting countless makeovers on The Oprah Winfrey Show and his own eponymous chatfest.

In his latest book, Berkus showcases his own home and shares details of those who have helped influence and define his sense of style.

He also features a dozen different interiors where owners "throw out the rules (and) drown out the noise" to reflect their own personalities within their homes.

"We all want to live better. We all want to love where we live. It doesn't matter what country you're living in or how much money you have or don't have — it's something that I've found is really universal," said Berkus.

"And the book is about the idea that our homes, most importantly, should tell the story of who we are, of who we aspire to be. That involves getting to know yourself fairly well and breaking a lot of rules and not listening to your loudest girlfriend or your mother-in-law. It's really forging your own way."

Berkus said he wouldn't expect someone to purchase all the goods from his collection and feel their room is complete, which "goes against his philosophy about design." Instead, he wants individuals to zero in on particular elements — such as textures and shapes — to pair with existing pieces to help cultivate their own style.

Berkus said a good rule of thumb for design neophytes or individuals looking to refresh their interiors is to select a colour palette.

Uncertain of whether to opt for emerald green, ruby red, royal blue or another hue within the colour wheel? A peek into the wardrobe could offer some insight. Berkus said the colours individuals feel most at ease or familiar wearing could help with the decision.

"If the interior's going to be grey and white, or grey and white and citrus, then you have at least a loose guide that you know when you buy things ... that they'll all work together," he said. "I think if vibrant colour — and lots of vibrant colour — is something that makes you smile and makes you feel good, then that's something you should be reaching for," he added. "If you're a person that wears all black or a multi-coloured pattern dress, it depends on what you reach for and what makes you the most comfortable and the most inspired."

Meanwhile, Berkus is taking the opposite approach in his own space, currently "subtracting colour" by reverting to white from grey for his walls and focusing more on bringing in texture. Berkus personally favours well-constructed, good-quality items made by hand or of natural materials rather than decorating interiors with poorly made pieces "just for the look."

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SEE WHAT'S NEW... CHECK OUT OUR LATEST OFFER ON PAGE 16

A healthy dose of sweetness for your funny valentine

Triple Chocolate Brownies

This recipe serves 12. LORELLA ZANETTI, FROM ROSE REISMAN'S COMPLETE LIGHT KITCHEN (WHITECAP BOOKS)

ROSE REISMAN
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With all of the sweet and sticky candy and chocolate you may consume on V-Day, why not try something a bit lighter?

These brownies, which I created for the Mövenpick restaurant chain in Toronto, are only 140 calories and seven grams of fat per serving. The cocoa, oil and yogurt that replace traditional butter and chocolate are the way to keep the calorie and fat count low.

If that's not enough to convince you to whip these up, consider that Mövenpick sells 1,500 of these brownies per month.

1. Preheat the oven to 350 F. Spray an 8-inch-square pan with cooking oil.

2. For the brownies, combine the sugar, oil, egg and vanilla in a bowl and mix well. Add the cocoa, mixing it in well. Add the flour, baking powder, yogurt and chocolate chips, mixing just until combined and smooth. Don't over mix.

3. Pour the batter into the prepared pan. Bake in the center of the oven for 15 to 20 minutes, just until set. Do not overbake. Cool on a rack for 15 minutes before icing.

4. To make the icing, place all the icing ingredients, except for the sugar, in a blender or food processor and process until smooth. Spread over the top of the brownies.

5. Cut into squares and garnish with a dusting of icing sugar, or drizzle melted white chocolate. **ROSE REISMAN'S COMPLETE LIGHT KITCHEN (WHITECAP BOOKS) BY ROSE REISMAN**

Ingredients

Brownies
- 2/3 cup granulated sugar
- 1/4 cup vegetable oil
- 1 egg
- 1 tsp pure vanilla extract
- 1/3 cup unsweetened cocoa powder
- 1/3 cup all-purpose flour
- 1 tsp baking powder
- 1/4 cup low-fat yogurt or sour cream
- 1/4 cup semi-sweet chocolate chips

Icing
- 1/3 cup light cream cheese
- 2/3 cup icing sugar
- 1 1/2 tsp unsweetened cocoa powder
- 1 1/2 tsp water
- dusting of icing sugar

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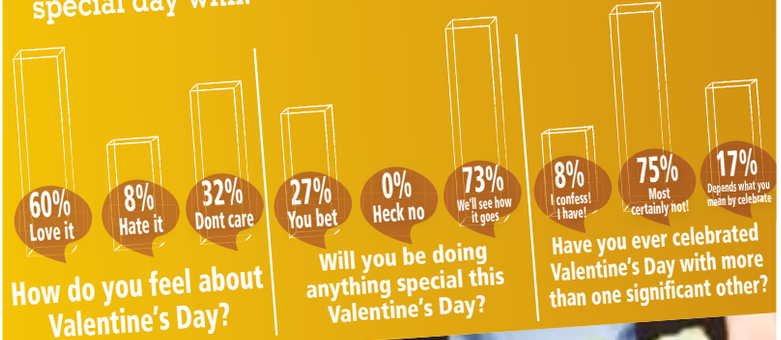
Sharing the love on Valentine's Day!

We asked our Metropolitan Panel what their plans are this Valentine's Day and who they'll be sharing their special day with.


60% Love it
8% Hate it
32% Dont care
How do you feel about Valentine's Day?
27% You bet
0% Heck no
73% We'll see how it goes
Will you be doing anything special this Valentine's Day?
8% I confess! I have!
75% Most certainly not!
17% Depends what you mean by celebrate
Have you ever celebrated Valentine's Day with more than one significant other?

Whatever your plans are today we hope you'll be sharing it with someone special.

Care to share your opinion?
Join our Metropolitan Panel at
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Metropolitan Panel
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News worth sharing.

Members of the Toronto Blue Jays coaching staff watch as pitcher R.A. Dickey delivers a pitch in Dunedin, Fla., on Wednesday. Dickey's knuckleball has the ability to mesmerize batters and handcuff catchers. RICK MADONIK/TORSTAR NEWS SERVICE

Dickey helping catchers get a grip

MLB. When handling Cy Young winner's knuckleball, all you can do is try your best and guess where it's going, teammate says

When knuckleballer R.A. Dickey joins a new club, he comes bearing gifts. Special catcher's mitts, courtesy of Rawlings.

But even with the bigger glove, Blue Jays catcher Josh Thole says hanging on to one of Dickey's deliveries is a challenge.

"We have no idea where it's going," said Thole, who came over with Dickey in a December trade from the Mets. "We can give it our best shot and I can guess, like I do half the time. But a lot of times, having the bigger glove helps."

The glove is also padded more, which helps when you're trying to snag a ball with a mind of its own. Just catching it is a success, never mind finding the sweet spot of the glove.

"Rawlings sends him loads of them," said Thole. "He just hands them out to all the catchers and lets them break them in and kind of play with them a bit."

Thole, 26, remembers his first attempt at catching Dickey. It was 2010 in the Mets bullpen and he didn't look very good.

"I missed the first three balls in front of the manager, the general manager and the owner of the team," he said. "I feel definitely like I've come a long way (since)."

Dickey's knuckleball is unique in that he throws it harder — at about 77 m.p.h. — than traditional practitioners of the floating pitch. And he has a few other pitches to help set it up.

That combination carried Dickey to the National League Cy Young Award last year when he went 20-6 with a 2.73 earned run average. He led the NL in innings (233 2/3), strikeouts (230), complete games (5) and shutouts (3).

Dickey's knuckleball is so deceptive that Dane Johnson, a minor-league pitching coordinator for the Jays, had a tough time hauling it in even when Dickey announced it before throwing it as they tossed the ball around in the outfield earlier this week.

THE CANADIAN PRESS

Who will catch Dickey?

Following Wednesday's session, incumbent catcher J.P. Arencibia reminded the watching media that he had not missed a single delivery from Dickey.

- With Arencibia and Dickey both headed to the U.S. team at the World Baseball Classic, manager John Gibbons has no problem with his No. 1 catcher handling Dickey at this stage of camp.
- The Jays' other catchers, Josh Thole, Henry Blanco and Mike Nickeas, have all worked with Dickey in the past.

MLB

Buehrle leaving family, pit bull behind

Mark Buehrle had a lot on his mind Wednesday at spring training.

One of the newest Blue Jays and a corner piece to the high expectations surrounding the club, Buehrle is also a strong family man facing a summer away from his wife and children for the first time in his career.

At the root of the matter is the Ontario government's ban on the pit bull breed. Buehrle's beloved pit bull Slater is not allowed in the province by law. But the left-handed pitcher can also sideline even the heaviest of concerns and issues in his life simply by showing up at a ball park. That's the side of the player he hopes Blue Jays fans will see this summer.

Mark Buehrle
TORSTAR NEWS SERVICE

"I like to have fun on the mound, I'm out there laughing, good start, bad start, I throw it out and go out the next day and try and have fun at the park," Buehrle said.

Buehrle said Wednesday the pit bull ban has forced him to leave his family for the season. He said it was not an option when it was suggested that he could have his family by his side in Toronto if he could place his dog in a suitable boarding house. "Being a responsible pet owner, you can't drop off the dog on someone else," he said.

Buehrle said his wife and children will remain in Miami until the end of the school year, then return to their off-season home in the St. Louis area.

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NHL players hope to play in Sochi

Olympics. The sport's marquee league has participated in Winter Games since 1998, but no agreement is in place for 2014

With one final flick, Sidney Crosby's 2010 overtime goal won Canada the gold medal and elicited national pride in the host country.

But will it stand as the last goal scored by an NHL player in the Olympics?

The nasty labour dispute settled, the NHL can now focus on another lingering issue that needs a quick resolution. The NHL and NHL Players' Association have yet to agree with the IOC and the International Ice Hockey Federation to participate in the 2014 Sochi Olympics.

With the opening ceremony set for Feb. 7, 2014, the countdown clock for the first faceoff is ticking.

The 2014 Games, which run through Feb. 23, will feature more than 3,000 athletes. Players like Crosby, New York's Rick Nash, Carolina's Eric Staal, Chicago's Patrick Kane and so many other All-Stars would love another shot at putting on the Olympic sweater for their home country.

Vancouver Canucks goalie Cory Schneider, a likely Team USA candidate, is one of the hopefuls that said the NHL should play again in 2014.

"I think the fans want to see that," he said. "I think the players realistically would want to go do that. It's a once-in-a-lifetime experience, and I think we'd all be in favour of it."

The NHL has participated in every Olympics since the Nagano Games in 1998. All sides were set to meet Thursday and Friday in New York as they work toward a deal that would ensure the world's best players would again be showcased on sport's grandest stage.

The idea that the Olympics would be held in Russia, home of the KHL, with the NHL frozen out seems tough to imagine. After all, some of the league's top players are from Russia or have ties to the KHL.

IIHF president Rene Fasel has been adamant that the games will go on with the NHL players. After the rousing success and elevated ratings in Vancouver, Fasel stated it, "would be wrong for the game, for the fans, not having the best players in Sochi."

THE CANADIAN PRESS

Bettman's concerns

- The NHL is unhappy at ceding control of its players to the IOC and being barred from using Olympic highlights on its website.
- The league also receives no revenue from the telecasts and has no say on which cable station carries games.

Canada's Sidney Crosby scores the golden goal past Ryan Miller of the U.S. at the Vancouver 2010 Olympic Winter Games. The NHL and NHL Players' Association have yet to agree with the IOC and the International Ice Hockey Federation to participate in the 2014 Sochi Olympics. TORSTAR NEWS SERVICE FILE

NHL. Blue Jackets make history with hiring of new general manager

The Columbus Blue Jackets hurried to make history.

Just more than 24 hours after firing Scott Howson, they announced the hiring of Jarmo Kekalainen of Finland as the first European to be a general manager in the National Hockey League.

Kekalainen, director of amateur scouting with the St. Louis Blues from 2002-10, held a news conference Wednesday in his native Finland at the same time the Blue Jackets Blue Jackets held theirs in Ohio.

The 46-year-old, who played sparingly in the NHL, worked closely with Columbus director of hockey operations John Davidson with the Blues. When the Blues hired Doug Armstrong as general manager in 2010 instead of Kekalainen, Kekalainen returned to Finland to take over as GM of Jokerit in Finland's top league.

The Blue Jackets are 4-7-2 in this lockout-shortened season.

THE ASSOCIATED PRESS

Quoted

"I'm really happy and pleased, even proud, that I've been give this chance."

Jarmo Kekalainen, the new general manager of the Columbus Blue Jackets

MLB

Rivera to share future plans soon

New York Yankees closer Mariano Rivera said he's reached a decision on whether this will be his final season and plans to announce it before opening day.

Baseball's career saves leader had surgery June 12 to repair a torn anterior cruciate ligament in his right knee, an injury that occurred while he was shagging fly balls during batting practice in Kansas City on May 3.

The 43-year-old right-hander expects to be ready for the regular season. He threw 25 pitches off a bullpen mound Wednesday and said it felt good. THE ASSOCIATED PRESS

Barry Bonds

HR king's attorneys in battle with feds

A lawyer for Barry Bonds urged a federal appeals court on Wednesday to toss out the slugger's obstruction of justice conviction, saying a rambling answer he gave while testifying before a grand jury was not a crime.

Appellate specialist Dennis Riordan argued that Bonds was not formally or specifically charged with the felony that he was convicted of committing. A federal jury in April 2011 found baseball's all-time home runs leader guilty of obstruction for saying he was a "celebrity child" when asked about injecting steroids. THE ASSOCIATED PRESS

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Wrestling leader to argue for sport with IOC head

Olympics. 'The door is not closed,' says committee of 2020 removal

International Olympic Committee President Jacques Rogge says he will meet with the head of wrestling's governing body to discuss ways the sport can fight to save its place in the 2020 Olympics. LAURENT GILLIERON/KEYSTONE/THE ASSOCIATED PRESS

Facing a wave of criticism from around the world, IOC president Jacques Rogge will meet with the head of wrestling's governing body to discuss ways the sport can fight to save its place in the Olympics.

The IOC executive board dropped wrestling from the program of the 2020 Games on Tuesday, a decision that brought a sharp backlash from wrestling organizations and national Olympic bodies around the world — including Canada, the United States, Russia and Iran.

The move must still be ratified by the full International Olympic Committee in September, giving wrestling time to try to overturn a decision against a sport that dates back to the ancient Olympics and has been featured since the inaugural modern games in 1896.

Rogge said Wednesday he has been contacted by Raphael Martinetti, the Swiss president of international wrestling federation FILA, and was encouraged by the sport's resolve to make changes and fight for its place.

"We agreed we would meet at the first opportunity to have discussions," Rogge said at a news conference at the close of a two-day board meeting. "I should say FILA reacted well to this disheartening news for them.

"They vowed to adapt the sport and vowed to fight to be eventually included in the 2020 slot."

Wrestling, which remains on the program for the 2016 Olympics in Rio de Janeiro, still has a chance to stay on the list for 2020 — if it manages to respond positively to the wakeup call and convince the IOC to change course.

THE ASSOCIATED PRESS

Family fans

Man ordered to cough up Jets season tickets

How scarce are Winnipeg Jets tickets?

Scarce enough that a family went to court when a deal to split season tickets crumbled.

Queen's Bench Justice Morris Kaufman ruled Wednesday in favour of Darlene Gibb, the woman who said her brother-in-law reneged on their plan and refused to turn over the tickets as promised.

Kaufman said some of John Longstaff's statements didn't make sense.

"It's clear to me that this was a legal arrangement," Kaufman said in ordering that the season tickets be transferred to Gibb.

"This was a mutually beneficial contract."

Longstaff has been a hockey fan since 1973 and, because he had Manitoba Moose season tickets, he was eligible for Jets tickets when they replaced the AHL franchise in the city.

THE CANADIAN PRESS

Curling. Ontario skip to enjoy home ice at Scotties

Ontario skip Rachel Homan showed in her first appearance at the Scotties Tournament of Hearts that she could hang with the top rinks from around the country.

She's set to make a return appearance at the Canadian women's curling championship, which kicks off Saturday in Kingston, and hopes to make more than just a playoff appearance this time around.

"We've been there before and we made it all the way to the semis our first time," Homan said of her 2011 showing. "I think this time our team has grown a bit, has got more experience and we expect to be right there hopefully battling in the final if we can."

At 23, the Ottawa skip is one of the best young players in the game. Her rink of third Emma Miskew, second Alison Kreviazuk and lead Lisa Weagle holds the third spot in the Canadian Team Ranking System.

Homan will also have a supportive Ontario crowd on her side when play begins at the K-Rock Centre. There are several experienced skips in the 12-rink competition, including defending champ Heather Nedohin of Alberta, B.C.'s Kelly Scott, Manitoba's Jennifer Jones and Nova Scotia's Mary-Anne Arsenault.

Ontario skip Rachel Homan
THE CANADIAN PRESS

"It looks like a really tough field," Homan said. "Lots of teams with lots of experience, a lot more years than us. But we've had our fair share of finals and playoffs and TV games and things like that."

Homan posted a 13-0 record in the 2010 national junior playdowns and won a silver medal at the world junior championships that year. THE CANADIAN PRESS

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Ronaldo shows off for former club

Cristiano Ronaldo of Real Madrid is marshalled by Shinji Kagawa of Manchester United during the UEFA Champions League Round of 16 first leg match between Real Madrid and Manchester United at Estadio Santiago Bernabeu Wednesday in Madrid, Spain. Ronaldo scored with a spectacular header Wednesday as Real Madrid was held to a 1-1 home draw. The goal allowed him to eclipse Francisco "Paco" Gento to become Madrid's sixth most prolific scorer. GONZALO ARROYO MORENO/GETTY IMAGES

See today's answers at metronews.ca/answers.

Horoscopes

♈ Aries
March 21 - April 20
It doesn't matter what you do today so long as you do something. If you sit still for more than a minute this morning, you may not get up again until the evening — and only to go back to bed.

♉ Taurus
April 21 - May 21
There is no point trying to judge people by your own standards. They will never match up. The best you can hope for, today and any other day, is that they learn from your good example. So go on, be one.

♊ Gemini
May 22 - June 21
The more others try to get you to change, the more you should stick with what you know and trust. No doubt they will come up with all sorts of reasons why you should take a risk, but don't do it.

♋ Cancer
June 22 - July 23
What sounds like bad news is nothing of the sort. Chances are you are looking at it from completely the wrong angle. Facts are facts, of course, but even facts can sometimes be open to interpretation.

♌ Leo
July 24 - Aug. 23
You are not the sort to give up just because you failed at something once. Yes, you may be annoyed that you did not do a project justice, but there is still plenty of time to do it again and do it right.

♍ Virgo
Aug. 24 - Sept. 23
There is something you have to do today and even though it may be a total bore you know that until you see it through to completion partners and colleagues won't give you a moment's peace. Get started on it now.

♎ Libra
Sept. 24 - Oct. 23
You may hear a few whispers or rumours today, most likely about someone you like. You are advised to ignore them. Most likely, it is just nasty he said, she said. Even if it is true, it's still nothing to do with you.

♏ Scorpio
Oct. 24 - Nov. 22
Don't cut any corners today because someone important is watching and they will make a big deal of it. It may be that you have to do a lot of work for very little profit, but sometimes that's just how it is.

♐ Sagittarius
Nov. 23 - Dec. 21
You don't have to put up with people who waste your precious time on trivial things. Tell them where to go today, and say it in a way that makes it clear you mean it.

♑ Capricorn
Dec. 22 - Jan. 20
You may be eager to make changes but you won't be able to push partners faster than they want to go today. Which begs the question: Have you signed up with the wrong partners? Give it some thought.

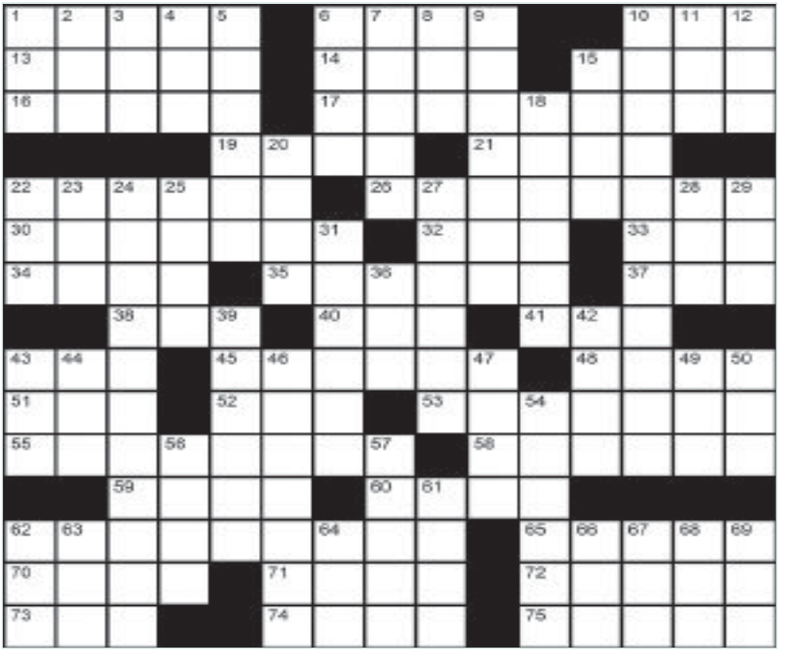
♒ Aquarius
Jan. 21 - Feb. 19
No matter how hard you try to persuade a friend or work colleague to see things your way, it just isn't going to happen, so give up. It's true, you know, some people are almost as stubborn as you!

♓ Pisces
Feb. 20 - March 20
Other people may be selfish and put their own interests first but not you. With Mars, Mercury and Neptune all moving through your sign, you know it pays to be generous. The more you give now, the more you'll get later.

SALLY BROMPTON

Crossword: Canada Across and Down

BY KELLY ANN BUCHANAN



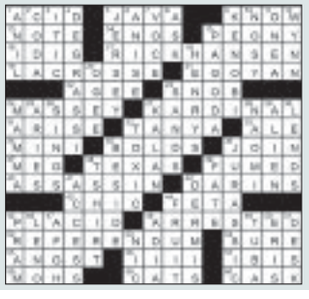
Across

1. Valentine's Day icon
6. "Rich Bride __ Bride" on Slice
10. Sisqo's group, __ Hill
13. Popeye's beloved
14. Sparkling wine city of Italy
15. Italian car manufacturer
16. Actress Kathy
17. Valentine's gift
19. Speck
21. Khloe Kardashian's husband, Lamar __
22. James Blunt album: 'Back to __'
26. Rocky sun-orbiter
30. Versus
32. Extra sports periods, for short
33. Perfume by Cacharel
34. Explosive star
35. Eucalyptus eaters
37. Horse coat hue
38. Bug
40. Deli bread
41. Nav. rank
43. Misfire
45. "That's being taken care of by me, boss!": 3 wds.
48. Isn't, wrong-style
51.Cute bark
52. 'Alma' add-on (Facts reference book)
53. Taylor of 'Twilight' flicks
55. __ Gold Rush
58. Canadian auto service company
59. Shaker stuff
60. Gardening tool
62. Emily Bronte's __ Heights
65. Himalayas land
70. Chemical suffixes
71. 'Susp' add-on
72. Curtain
73. Val-_'__, Quebec
74. Investigators, for short
75. "When Harry Met __..." (1989)

Down

1. Corn on the __
2. Suffix with 'Form'
3. Peach part
4. 'Excess' suffix
5. Canadian singer Shawn
6. Agreement
7. "Romeo and Juliet" (1968) actor Milo
8. Prefix that means 'Ear'
9. Cheese in lasagna
10. Blue Rodeo hit that goes "...our love shines like a...": 2 wds.
11. Alleyway animal
12. Sport-__ (Versatile vehicle)
15. Flower: Spanish
18. Ukraine port city
20. City of Russia
22. Ray-__ (Sunglasses maker)
23. Kind of boost
24. Grammy-winning record producer born in Victoria: 2 wds.
25. 1997 Jim Carrey comedy, when doubled
27. Cirque du __
28. Indebted one's letters
29. Mr. Aykroyd
31. "For Those About __ __ (We Salute You)" by AC/DC
36. Novelist Ms. Rand
39. Amazon e-book reader
42. Court
43. Fargo, North __.
44. www address
46. __ _' (Restaurant occupation)
47. Chore
49. "Waking __ Devine" (1998)
50. Otis Redding song: "__ a Little Tenderness"
54. Overturns
56. Nopes
57. Surrealist artist Max
61. 'Band' suffix (Medical supplies)
62. Tie the knot
63. Numero __
64. 'Benedict' suffix
66. Baseball pitcher's stat.
67. Chum
68. Fergie's bandmate, __.de.ap
69. Grassy field

Yesterday's Crossword



Sudoku

How to play
Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

		9	8	4		2		6
1		7	3					9
	6							
3		1			8			
		8				6		
			2			4		1
							9	
2					5	1		8
8		5		1	7	3		

Yesterday's Sudoku

6	2	9	7	8	1	5	4	3
5	1	3	6	4	9	2	8	7
8	7	4	2	3	5	9	1	6
1	9	7	3	2	8	4	6	5
4	5	2	9	7	6	8	3	1
3	8	6	1	5	4	7	2	9
2	6	1	4	9	7	3	5	8
7	3	5	8	1	2	6	9	4
9	4	8	5	6	3	1	7	2

Bowl for Kids Sake

Big Brothers Big Sisters
of London and Area

Get your team rolling for bowling!

Register your team today!

Bowl for Kids Sake is almost here! But, don't worry there is still time to register.
To register your team, go to: **www.bbbsola.org**

Don't miss out on Leafs' tickets and other exciting items up for bid! There will be something for everyone in the raffle and silent auction! There will also be prizes for BIGGEST team spirit and highest online fundraising!

Bowl for Kids Sake Event Dates:

Wed. Feb. 20, 2013, 7pm-9pm *CORPORATE CHALLENGE* (FULL)
MC: Taz and Kelly from The Taz Show (FM96)

Sun. Feb. 24, 2013, 12pm-2pm
MC: John Biggs from The Biggs Show (1290 CJBK)

Sun. Feb. 24, 2013, 2:30pm-4:30pm
MC: John Biggs from The Biggs Show (1290 CJBK)

Wed. Feb. 27, 2013, 7pm-9pm
MC: Taz and Kelly from The Taz Show (FM96)

Location: Palasad South (141 Pine Valley Blvd.)

If you are unable to attend, but would like to make a donation, go to: **www.bbbsola.org**

All proceeds raised from Bowl for Kids Sake goes to Big Brothers Big Sisters of London & Area!
BIG things happen here; be a part of making our community stronger!

Questions? Contact us!
skohn@bbbsola.org
519-438-7065 x6221